



Student and Family Mental Health Resources

Does your child, family, or someone you know need help during this COVID-19 crisis? We are here to help.

The links listed below are suggestions of mental health service providers and programs that can assist you in finding the appropriate help that is needed.

Niagara County Social Services

[Niagara County Dept of Mental Health 24 Hour Crisis Hotline](#) - Phone

24 hours (716) 285-3515

<https://www.niagaracounty.com/Portals/0/docs/MentalHealth/SPCNY%20Parents%20Brochure.pdf?ver=2018-03-09-140555-573>

<https://www.niagaracounty.com/socialservices/Programs/Child-Protective-Services>

New York State Office of Mental Health

https://omh.ny.gov/omhweb/suicide_prevention/

<https://suicidepreventionlifeline.org/talk-to-someone-now/>

[2-1-1 Western New York Health & Human Services](#) - (716) 285-3515

New Directions Youth and Family Services

www.ndyfs.org, (716) 433-4487

Kids Escaping Drugs

[Flyer for Admissions](#)

Life Matters

<http://www.lifematters.com/parentnb.asp>

National Parenting Center

<http://www.tnpc.com/>

Positive Parenting

<http://positiveparenting.com/>

Parent Network of NY

<http://parentnetworkwny.org/>

SKIP of NY (free resources for parents of students with disabilities)

<http://skipofny.org/what-we-do/how-we-help/>

Empowering Parents

<https://www.empoweringparents.com/>

Niagara County Office for the Aging (716) 438-4020

Addict to Addict (716) 836-2726

Bereavement Hotline (716) 332-0202 through Buffalo Diocese Office of Mental Health

COVID-19 Emotional Support Helpline

1-844-863-9314

8:00 am to 10:00 pm

7 days a week